Year 1 Class Teacher's Guidance to Parents

Term 3 and 4

Spring 2027

Personal, Social, Health Education

(Ten:Ten Relationships)

In Term 3 the children will learn to name a wider range of feelings and talk about how feelings can show on the inside and the outside. Through stories such as Super Susie Gets Angry, they will explore safe ways to calm down and make good choices, even when they feel cross or worried. We will continue to use the Zones of Regulation. They will also learn about life cycles, beginnings and endings, and that change is all around us. We will talk about keeping healthy through healthy eating and exercise, including a healthy eating workshop.

In Term 4 the children will learn that God loves each one of us and that we should treat others well. We will practise saying sorry and forgiving, and talk about the special people in our lives who care for us. We will also begin to learn about life online and the rules that help keep people safe.

Ways to help at home:

Talk about how you are feeling and give it a name, e.g. "I feel frustrated because…".

Ask your child which zone they are in and what helps them feel calm.

Talk about the special people in your family and how you show each other you care.

https://zonesofregulation.com/how-it-works/

English

(Talk for Writing)

Term 3: Our core texts are Lost and Found by Oliver Jeffers and Martha Maps It Out by Leigh Hodgkinson. The children will learn a journey story off by heart using actions and a story map, then change it to make their own version. They will write a recount and a simple non-chronological report, and draw and label their own maps.

Term 4: We will read The Tiger Who Came to Tea by Judith Kerr. The children will write a diary entry, invitations and lists. We will also meet Shakespeare's Romeo and Juliet and make a "Wanted" poster.

Writing: Use capital letters and full stops, finger spaces and the word "and" to join ideas. Spell words using the sounds they know, and form lower-case and capital letters correctly.

Handwriting: In Term 3 the children will learn to form the digits 0–9 correctly, write numbers and form maths symbols such as +, – and =. In Term 4 they will practise writing digraphs and trigraphs (e.g. sh, igh) and learn when we use printed letters.

Ways to help at home:

Read Lost and Found and The Tiger Who Came to Tea together if you can – ask your child to retell the story to you using actions.

Draw a map of your journey to school or around your home together and label it.

Encourage your child to write lists, cards and invitations at home.

Phonics and Reading

(Little Wandle Letters and Sounds)

The children will continue learning Phase 5 sounds – new ways of spelling sounds they already know. Sounds we will cover:

Term 3: y (funny), ea (head), wh (wheel), oe ou (toe, shoulder), y (fly), ow (snow), g (giant), ph (phone), le al (apple, metal), c (ice), ve (give), o-e o ou (some, mother, young), se (cheese), se ce (mouse, fence), ey (donkey), followed by a review week of the different ways to spell sounds they know.

Term 4: or (word), u oul (awful, would), are (share), au aur oor al (author, dinosaur, floor, walk), tch (match), ture (adventure), al a (half, father), a (water), a (want), ear ere (bear, there), ear (learn), wr (wrist), st sc (whistle, science), ch (school), ch (chef), ze (freeze), and the unstressed "schwa" sound in longer words (different, actor).

Reading: Your child will bring home a decodable reading book matched to the sounds they know, plus a sharing book to enjoy together. In June, Year 1 children take the Phonics Screening Check.

Ways to help at home:

Read the reading book with your child at least three times across the week – first to decode, then for fluency and expression. Please write a short comment in the reading record.

Practise the new sounds each week and spot them in words around you.

https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/

Religious Education

(Lighting the Path)

Term 3 – Galilee to Jerusalem: The children will hear stories about Jesus' life and work – how he called his friends to follow him, the stories he told and the people he helped and healed. They will think about how we can follow Jesus by caring for others.

Term 4 – Desert to Garden: The children will learn about Lent as a time to get ready for Easter by praying, giving and saying sorry. They will hear the story of Holy Week and celebrate the joy of Jesus rising to new life at Easter.

Ways to help at home:

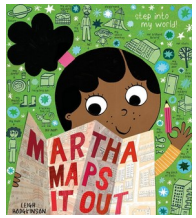
Talk about something your family could do or give up during Lent to help others.

Look out for signs of new life in spring and talk about Easter as a time of new life.

Our topics are

Wonderful Tunbridge Wells

Toys Past and Present







Mathematics

(White Rose, supported by NCETM Mastering Number)

Term 3 – Place value within 20: Counting forwards and backwards to 20, reading and writing numbers to 20, seeing 11–20 as ten and some more, and comparing and ordering numbers.

Addition and subtraction within 20: Counting on and back, number bonds, doubles and simple number stories.

Term 4 – Place value within 50: Counting to 50, counting in tens, seeing numbers as tens and ones, and comparing and ordering numbers.

Length, height, mass and volume: Comparing and measuring length and height, mass (heavier, lighter) and volume (full, half full, empty).

Ways to help at home:

Count to 20, then 50, and practise number bonds to 10.

Weigh, pour and compare when cooking – which holds more?

Physical Education

Term 3: Gymnastics – balancing, jumping, rolling and linking movements. Sending and receiving – throwing, catching and kicking.

Term 4: Stretching and fitness, and target games – aiming accurately at a target.

PE days: Wednesday and Friday. Please send your child to school in their PE kit on these days.

Ways to help at home:

Play catching, throwing and aiming games together.

Encourage your child to dress and undress independently.

Science, Geography and History

Science: Everyday materials – naming materials such as wood, plastic, glass and metal, describing their properties (hard, soft, bendy, waterproof) and testing which is best for a job. In Term 4 we will also look for signs of spring.

Geography (Term 3): Wonderful Tunbridge Wells – our local area, the UK on a map, human and physical features, aerial photographs and making maps.

History (Term 4): What did Grandma play with? – how toys have changed.

Ways to help at home:

Go on a materials hunt at home: what is it made of?

Ask grandparents about the toys they played with.

Art, DT, Music and Computing

Art: Term 3 – Exploring Watercolour: experimenting with paint and using accidental marks to make art. Term 4 – drawing exercises linked to DT.

Design Technology: Fruit kebabs using school fruit (both terms) and making a hand puppet (Term 4).

Music: Term 3 – Music Inspired by the World Around Us. Term 4 – Exploring Rhythm Patterns.

Computing: Term 3 – programming a floor robot. Term 4 – sorting and grouping data.

Ways to help at home:

Draw and paint together at home.

Clap the rhythm of names and favourite songs.