Life to the Full
Key Vocabulary

LKS2
Year 3 / Year 4

Module 1

Unit/Topic	Session	Key Vocabulary	Notes
Religious Understanding	**"Get Up!"** (LKS2_1.1.1 or Session ID: LKS2-001)	God Jesus faith dead alive love eternal new life heaven sin forgive precious conception individual renewed make a difference Jairus synagogue	
	The Sacraments (LKS2_1.1.2 or Session ID: LKS2-002)	Sacrament Reconciliation Baptism visible/invisible water white clothing candle love sorry oils (Catechumens and Chrism) commandments forgive purpose examination of conscience	
Me, My Body, My Health	**We Don't Have To Be The Same** (LKS2_1.2.1 or Session ID: LKS2-003)	similarities differences unique skills talents confident self-confidence changeable teamwork community beloved Child of God	
	Respecting Our Bodies (LKS2_1.2.2 or Session ID: LKS2-004)	body gift dis/respect special safe healthy in/appropriate balanced diet exercise sensible God Holy Spirit choice responsibility	
	What Is Puberty? (LKS2_1.2.3 or Session ID: LKS2-005) **Key Decision #2 (Yr 4+)**	puberty childhood adulthood milestone timeline physical growth development body changes emotions gradual past future Child of God	

Key Vocabulary
Lower Key Stage Two

	Changing Bodies (LKS2_1.2.4 or Session ID: LKS2-006) **Key Decision #2 (Yr 4+)**	puberty childhood adulthood private parts genitalia penis testicles scrotum vulva vagina breasts hips pubic hair muscles spots sweat hormones mood swings periods blood	
	Male/Female Discussion Groups (optional) (LKS2_1.2.5 Session ID: LKS2-007) **Key Decision #2 (Yr 4+)**	N/A	
Emotional Well-being	**What Am I Feeling?** (LKS2_1.3.1 or Session ID: LKS2-008)	feelings emotions information experience reaction fear anger joy sadness boredom tiredness contentment uncomfortable masking emotional well-being action	
		hormones chemicals puberty	
	What Am I Looking At? (LKS2_1.3.2 or Session ID: LKS2-009)	media radio television newspapers magazines video games internet advertising influence social media truth reality stereotypes resilience self-confidence Facebook Snapchat TikTok Twitter Instagram	
	I Am Thankful! (LKS2_1.3.3 or Session ID: LKS2-010)	OK un/acceptable un/healthy risky resilience thankfulness feelings actions In/appropriate peer pressure influence information choices wider context	
Life Cycles	**Life Cycles** (LKS2_1.4.1 or Session ID: LKS2-011)	life before birth childhood puberty adulthood womb egg sperm Fallopian tube fertilised conception implantation embryo foetus umbilical cord birth	

	A Time For Everything (LKS2_1.4.2 or Session ID: LKS2-012)	birth life childhood puberty adulthood death grief dying breathing heart life cycle heaven loss sad grumpy angry confused hard to concentrate lonely shocked puzzled	
Module 2			
Religious Understanding	**Jesus, My Friend** (LKS2_2.1.1 or Session ID: LKS2-013)	forgiveness parable The Prodigal Son inheritance friendships relationships brothers father sons jealous sin action attitude choice celebrate welcome reconciliation	
Personal Relationships	**Family, Friends and Others** (LKS2_2.2.1 or Session ID: LKS2-014)	relationship family friend other detective half-brother/sister aunt/uncle grandparents passed away argument adopted God's family the Church qualities kindness listening honesty trust encouragement patience forgiveness respect loyalty fun sorry	
	When Things Feel Bad (LKS2_2.2.2 or Session ID: LKS2-015)	left out good bad feelings bullying physical emotional banter clique pressure resilience harassment exploitation	
Life Online	**Sharing Online** (LKS2_2.3.1 or Session ID: LKS2-016)	safety digital world websites apps online sharing personal information private things dangers age restrictions cyberbullying consequences trusted adult independence responsibility	
	Chatting Online (LKS2_2.3.2 or Session ID: LKS2-017)	sharing online website safety cyberbullying danger signs trusted adult report online personal details inappropriate content messages personal safety	

Key Vocabulary
Lower Key Stage Two

Keeping Safe	**Safe in My Body** (LKS2_2.4.3 or Session ID: KS1-018)	safe people places rules boundaries physical abuse deliberate accident on purpose harm injury emotional abuse criticising threatening shaming abuse of private parts vulva breasts penis testicles inappropriate touching viewing trusted adult support	
	Key Decision #6	FGM Female Genital Mutilation child abuse genitalia illegal Sunna	
	Drugs, Alcohol and Tobacco (LKS2_2.4.4 or Session ID: LKS2-019)	drugs legal medicine illegal recreational doctor pharmacy alcohol perception judgement responsibility moderation addiction smoking tobacco chemical Nicotine tar Carbon Monoxide Oxygen brain heart lungs teeth skin blood carcinogens cancer	
	First Aid Heroes (LKS2_2.4.5 or Session ID: LKS2-020)	First Aid illness injury assistance emergency 999 doctor paramedic calm rest ice compression elevation collapse fire smoke drowning burn hero award courage strong brave difficulty trust	
Module 3			
Religious Understanding	**A Community Of Love** (LKS2_3.1.1 or Session ID: LKS2-021)	Holy Trinity God Father Son (Jesus) Holy Spirit community of love mystery of faith married family signs symbols kind generous loving wise merciful good listening	
	What Is The Church? (LKS2_3.1.2 or Session ID: LKS2-022)	Holy Trinity God Father Son (Jesus) Holy Spirit family Church Mass sacrament Community worship generous The Common Good The Human Person Social Relationships Stewardship Everyone is included, no-one left behind	

Living in the Wider World	**How Do I Love Others?** (LKS2_3.2.1 or Session ID: LKS2-023)	Church care love noticed respected included recognised appreciated secure not alone charity caritas generous love Emmaus homeless companions injustice prayer	